

# What is RNA interference? And what's up with it?

Henry Paulson, M.D., Ph.D.

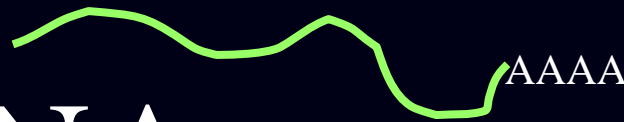
University of Iowa, Carver College of Medicine  
Interdisciplinary Programs in Genetics, Neuroscience  
and Molecular Biology

# Molecular Biology's Central Dogma

DNA



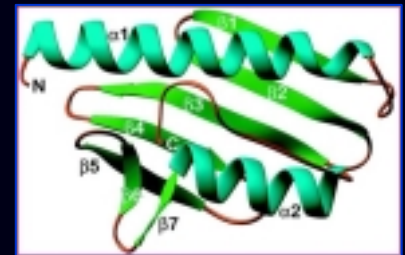
RNA



messenger RNA  
ribosomal RNA  
transfer RNA  
other noncoding RNAs

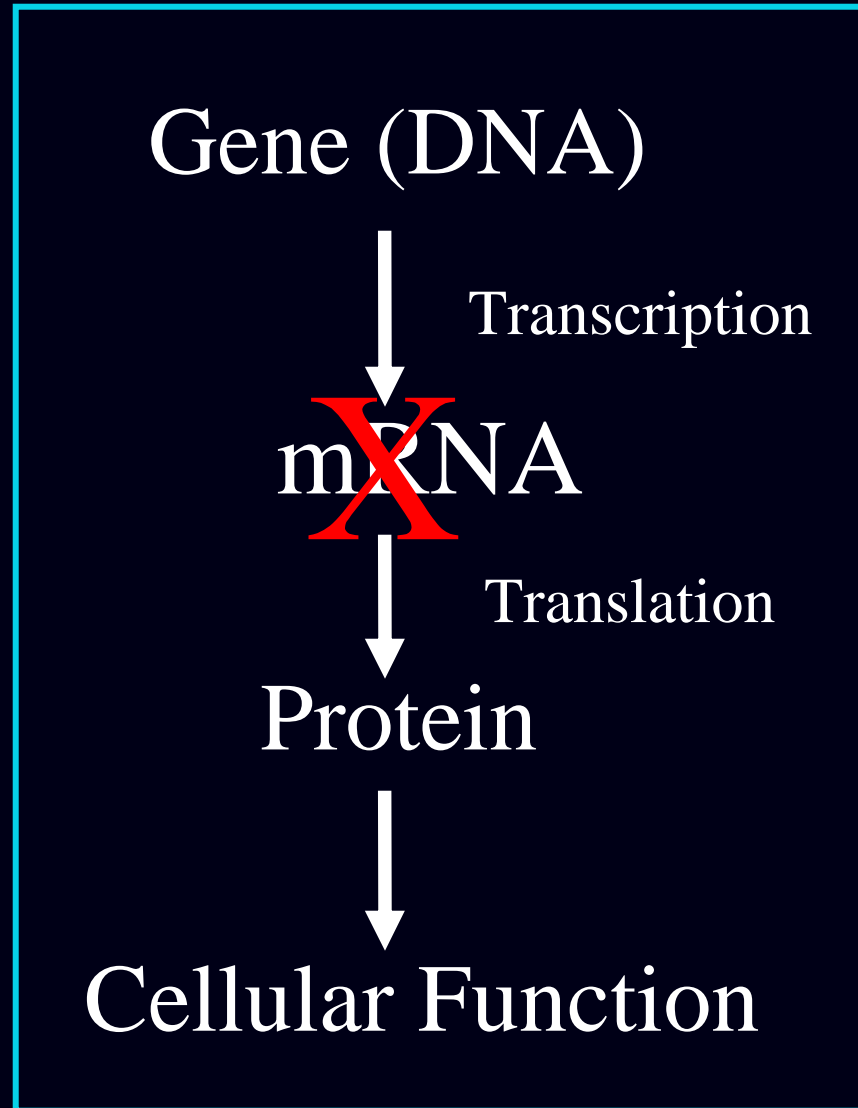


protein

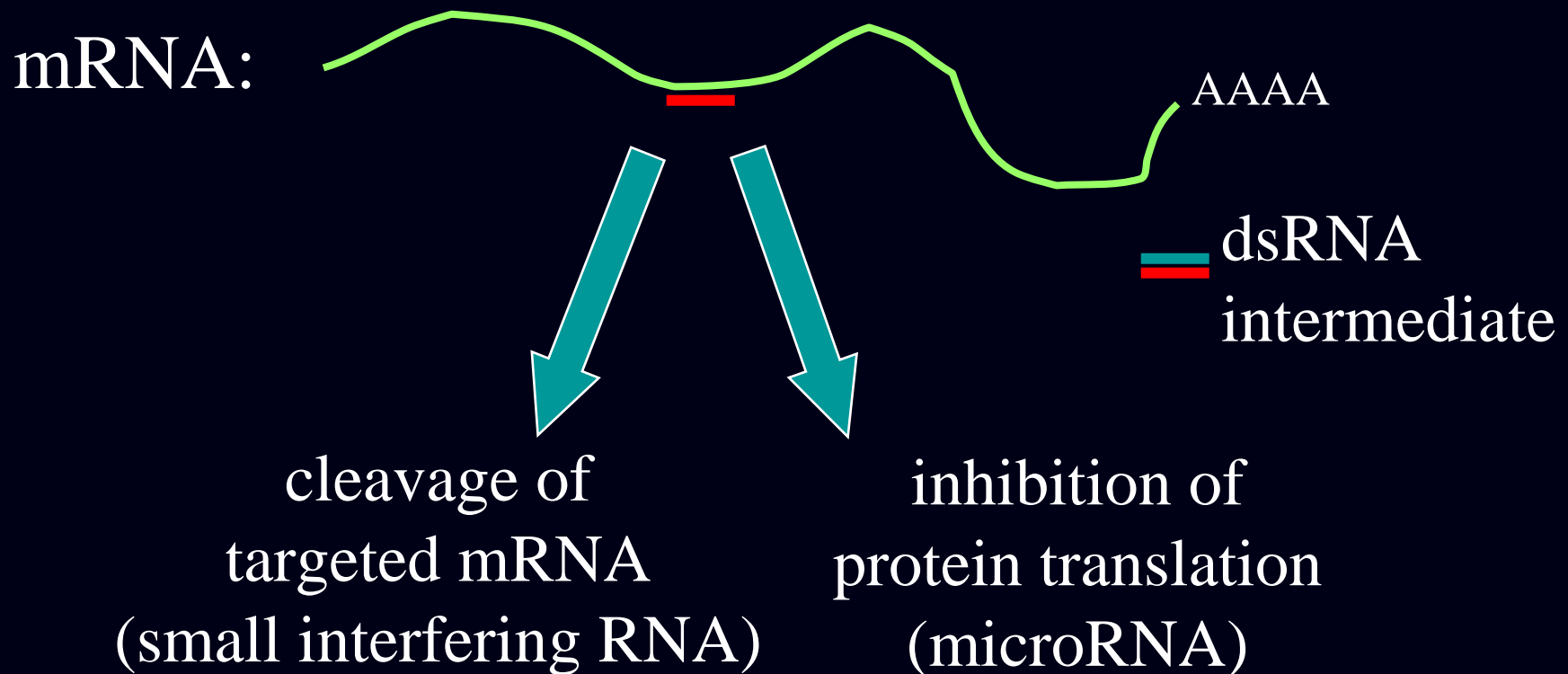


# RNAi: Shooting the messenger

RNAi is based on conserved biological machinery found in organisms from yeast to humans.



RNAi is accomplished with small  
(~20 bases) noncoding RNAs  
complementary to the targeted gene



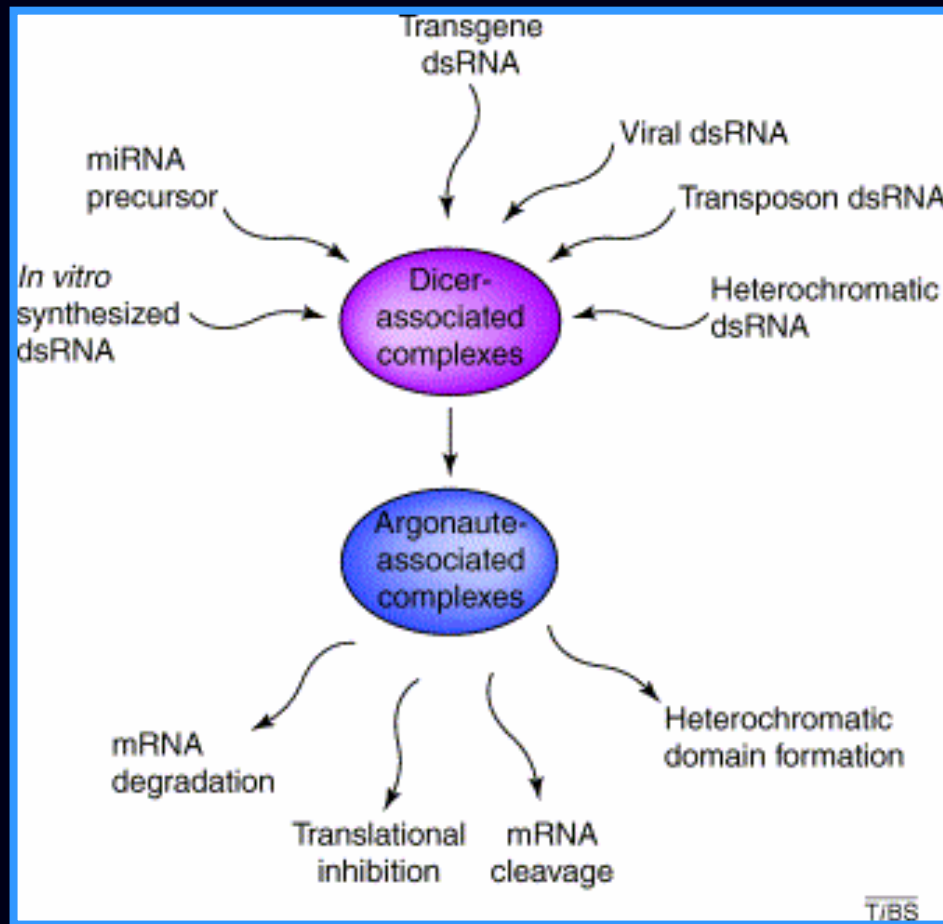
# History of RNA-mediated suppression

Curious findings in plants led the way...



Adding a pigment gene to petunias made them less pigmented! Biology works in mysterious ways...

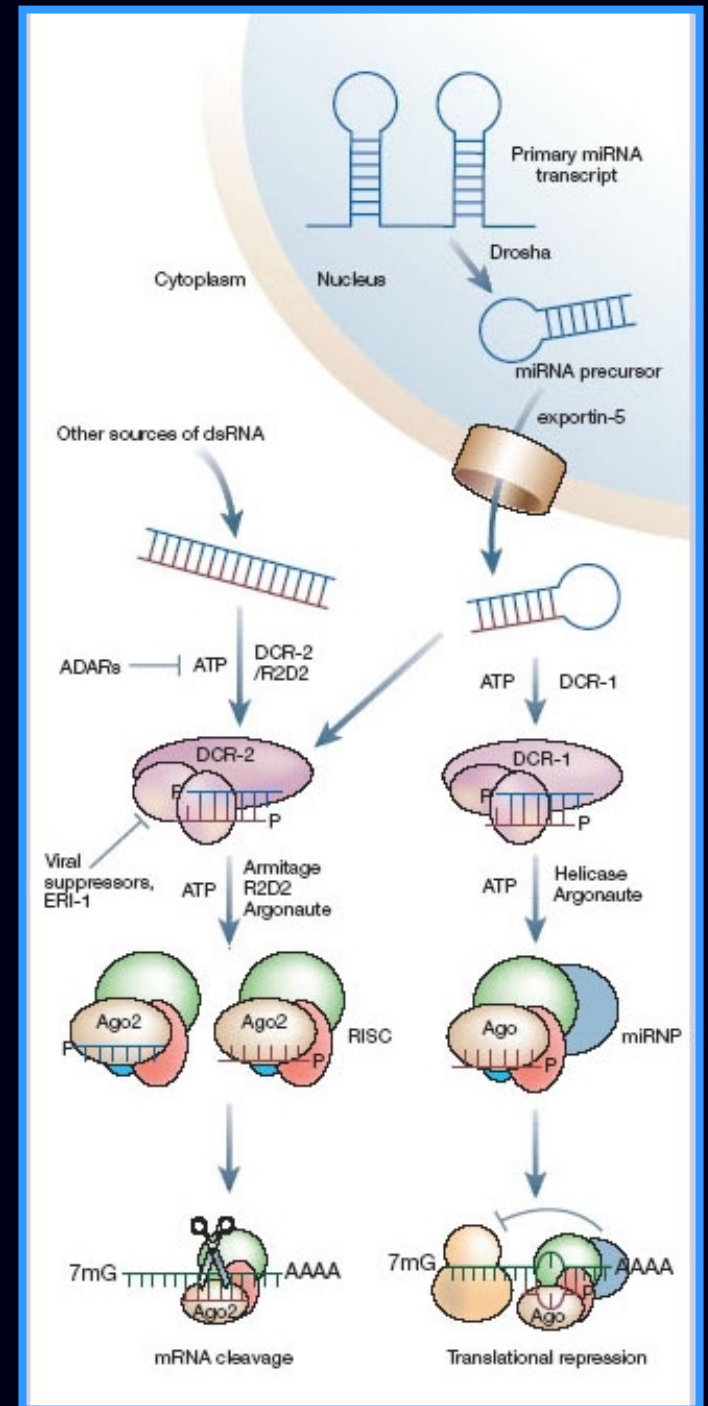
# Why do organisms have this machinery?



RNAi serves as a cellular defense  
against foreign DNA/RNA

There are naturally occurring RNAi molecules called “microRNAs”

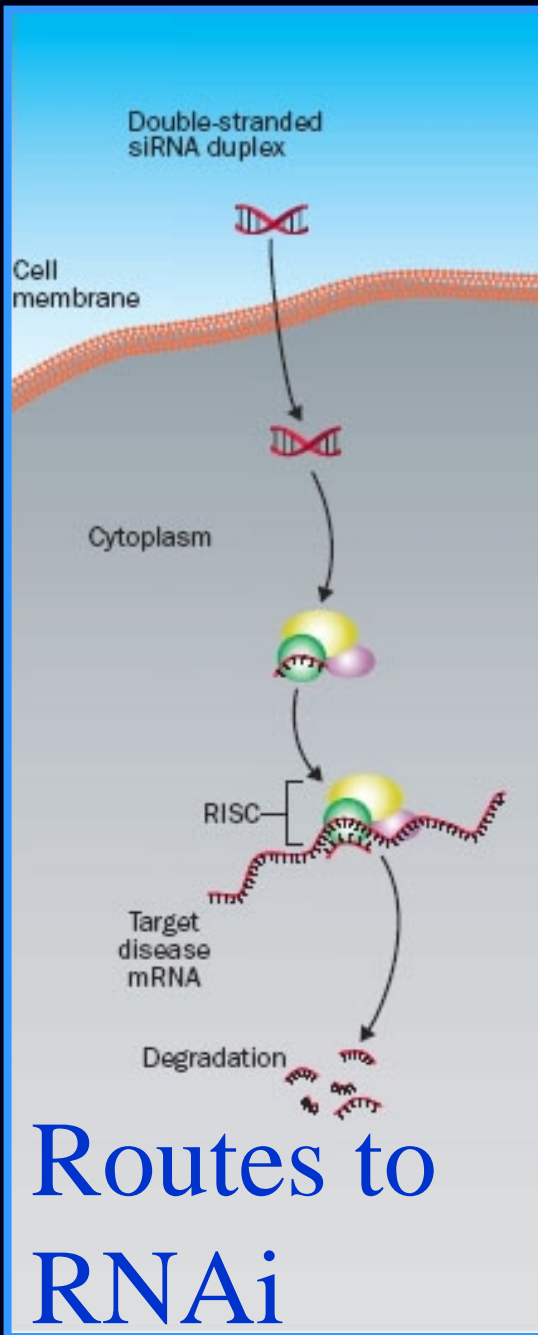
miRNAs represent a novel class of genes that regulate gene expression during development



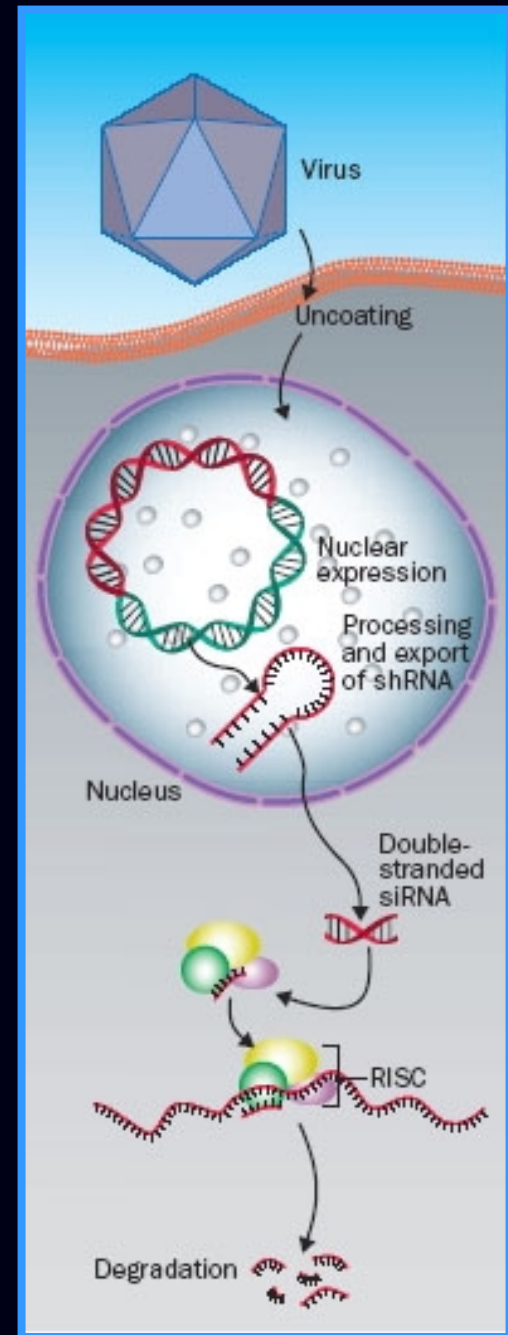
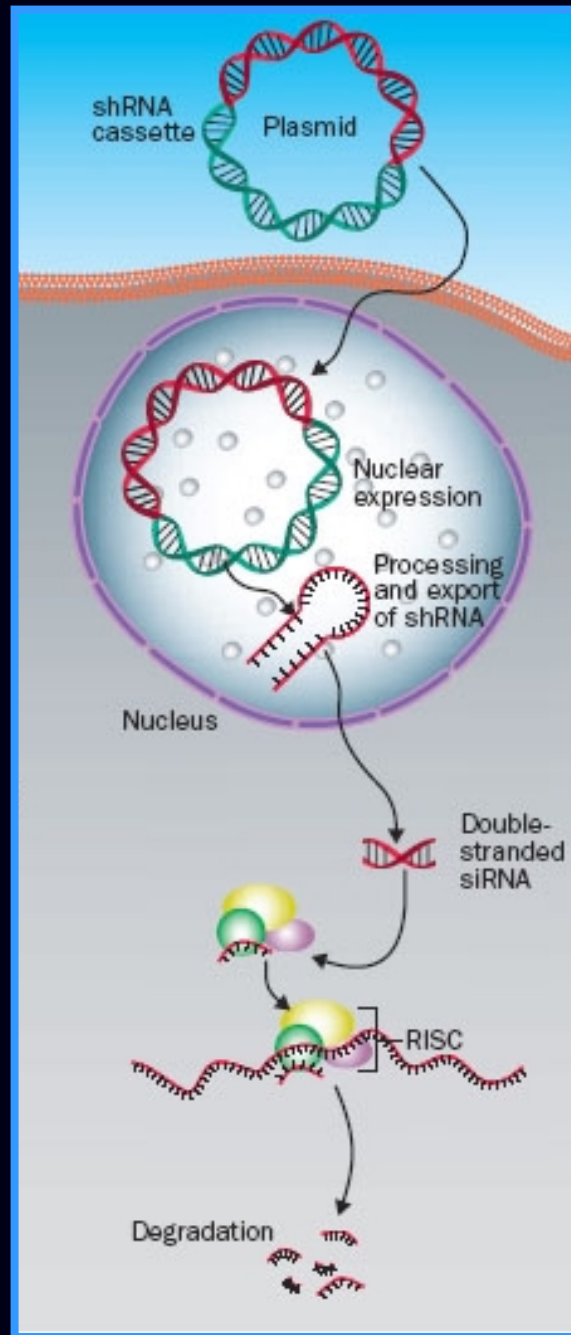
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With RNA interference, we are copying the natural biology of microRNAs and applying this to our gene of interest

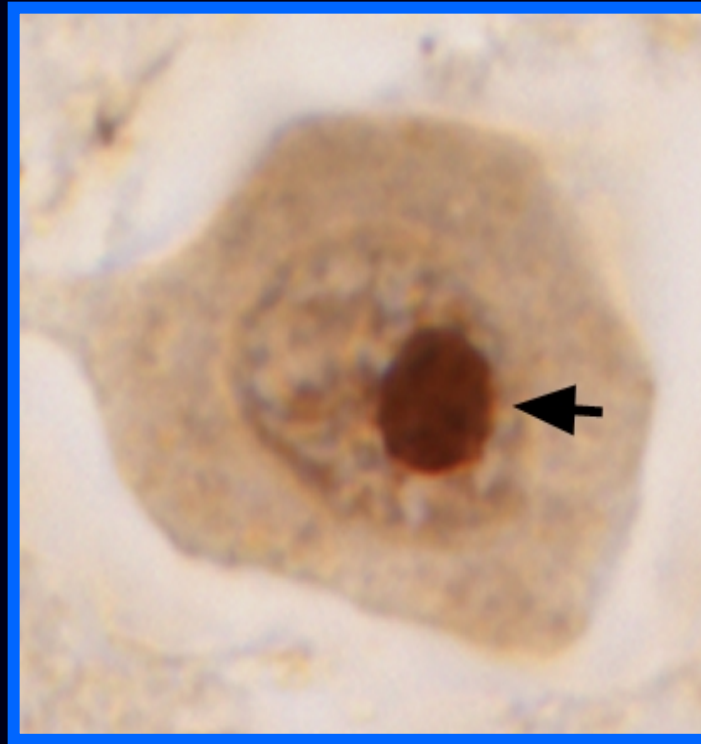




# Routes to RNAi



# Applying RNAi to dominant ataxia

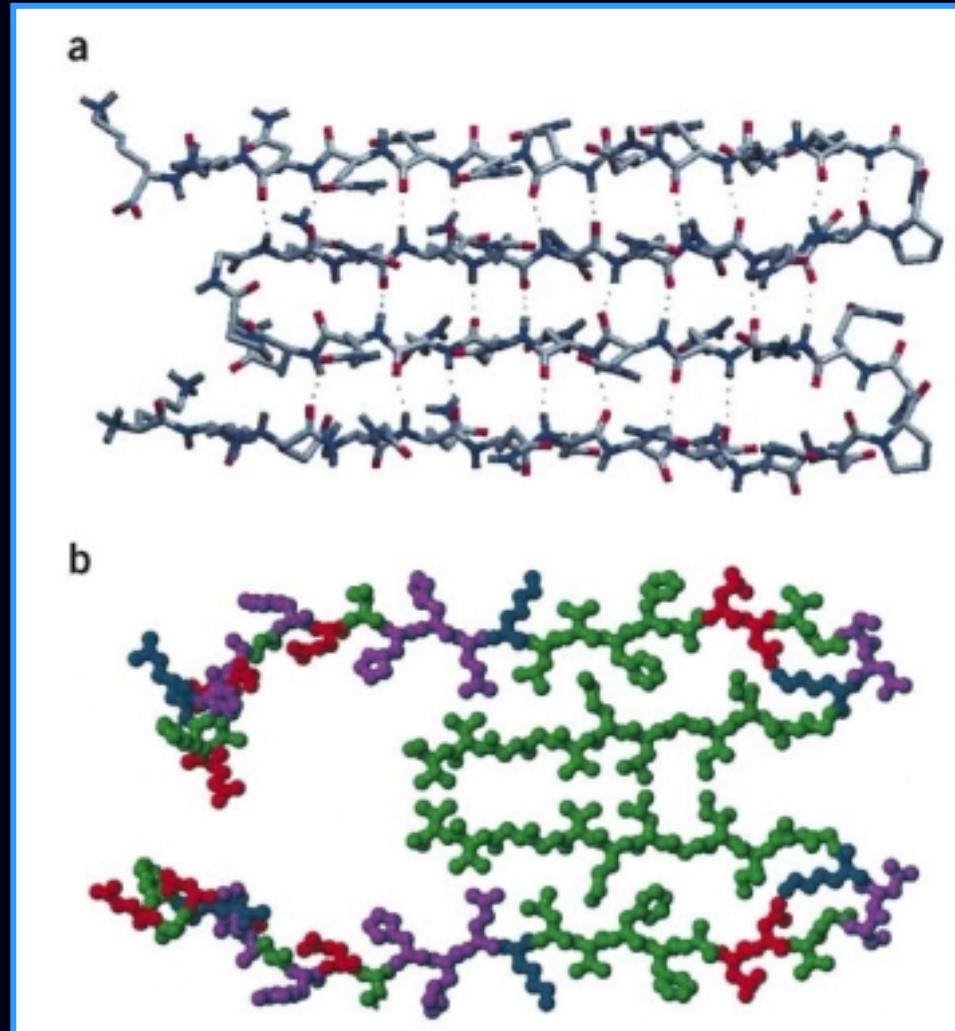


Many dominant ataxias, including those caused by expanded polyglutamine, involve abnormally folded or processed protein (e.g. SCA1,2,3,6,7,17)

# “Toxic folds” in neurodegenerative diseases

polyglutamine

A- $\beta$  amyloid



# Harnessing RNAi for dominant ataxia

- Can siRNAs effectively silence dominant acting ataxia genes?
- Can RNAi reduce expression of a disease allele while sparing the normal allele?

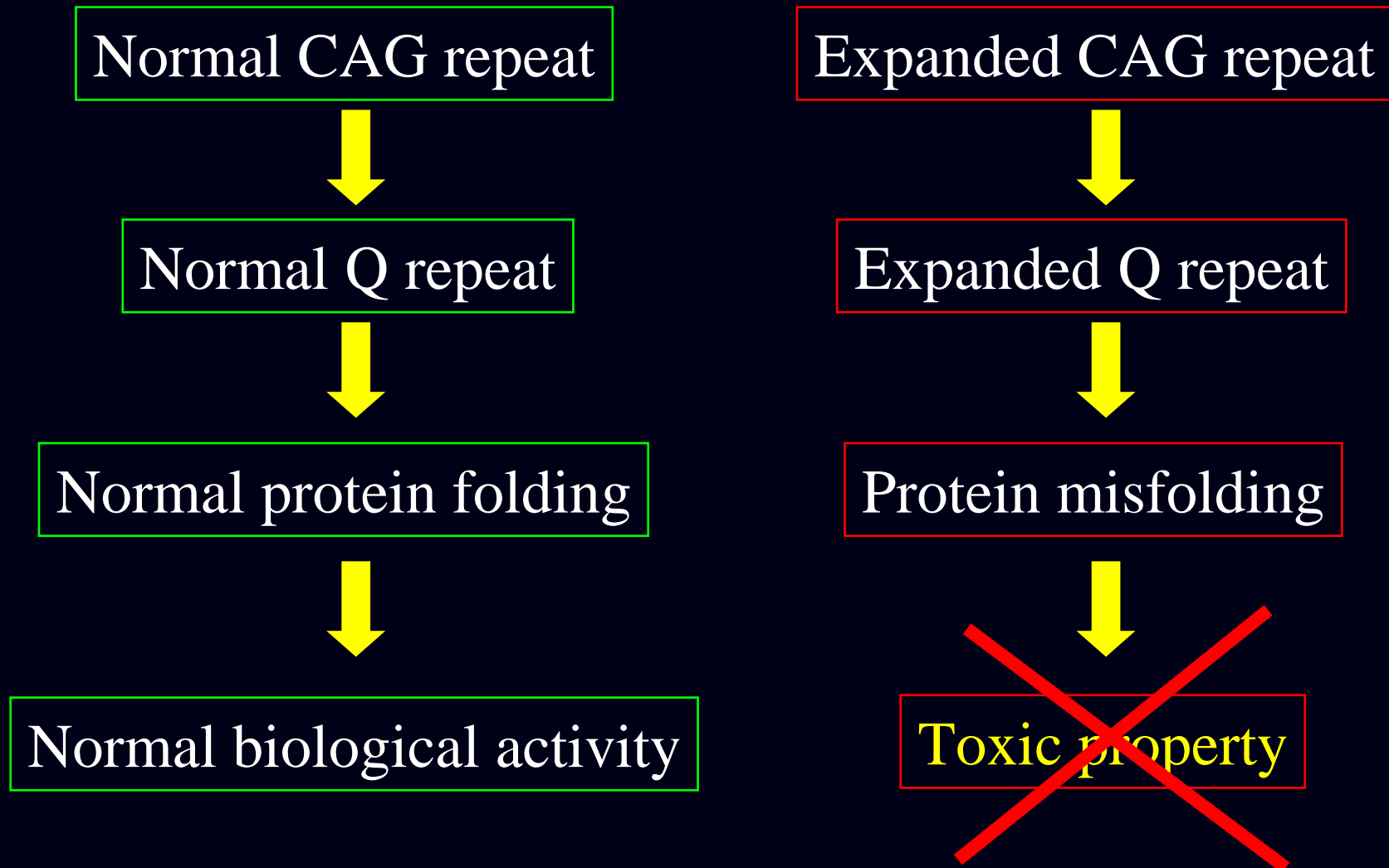


- SCA1
- SCA3/MJD

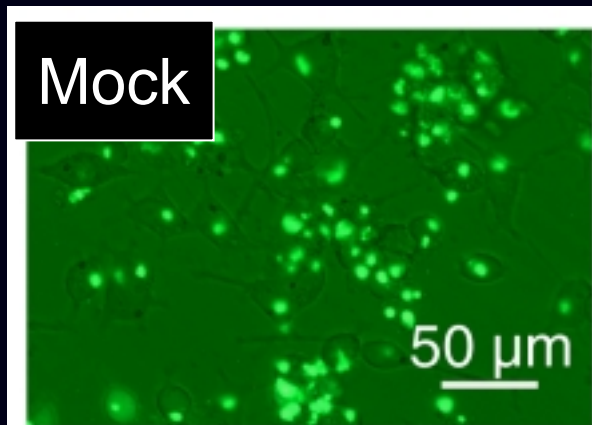
Both are expanded polyglutamine diseases



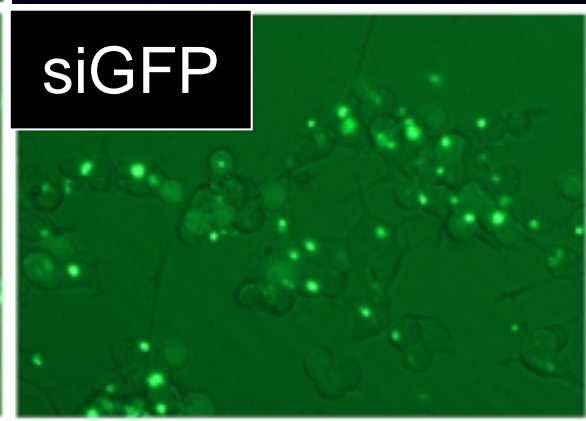
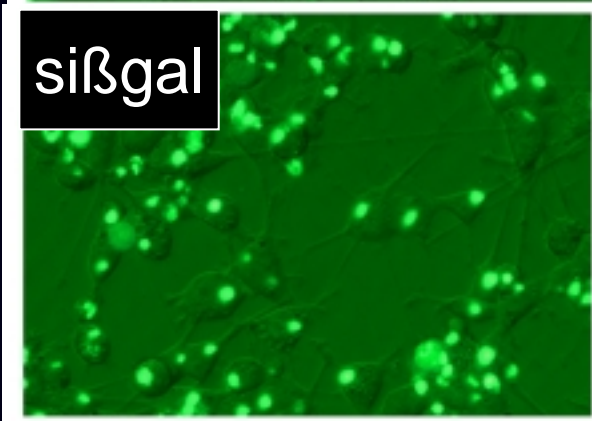
# Simple view of polyglutamine disease...



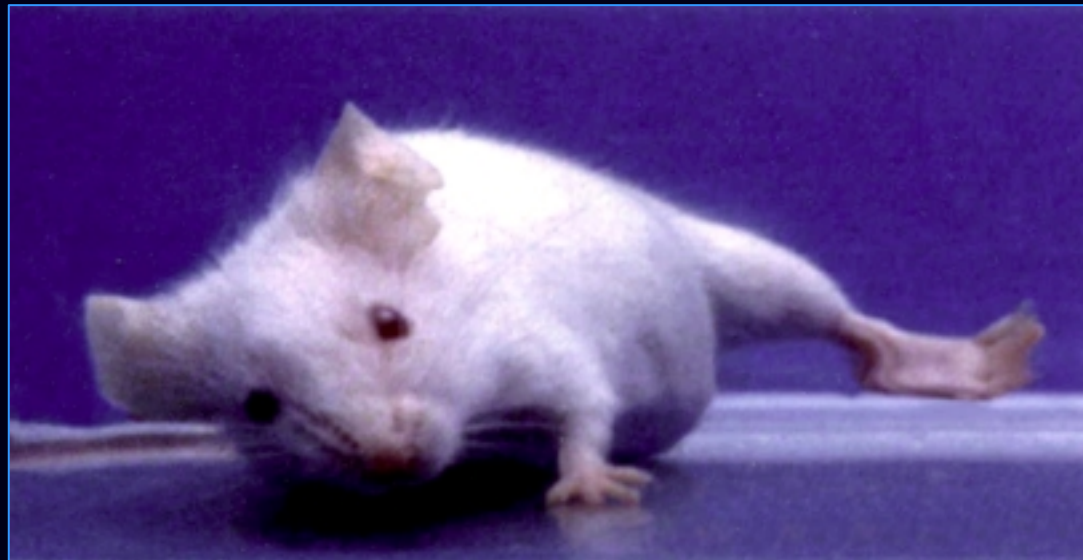
# RNAi against preformed polyglutamine aggregates in cells



Neurons induced to express mutant polyQ-GFP were then infected with shRNA-expressing virus



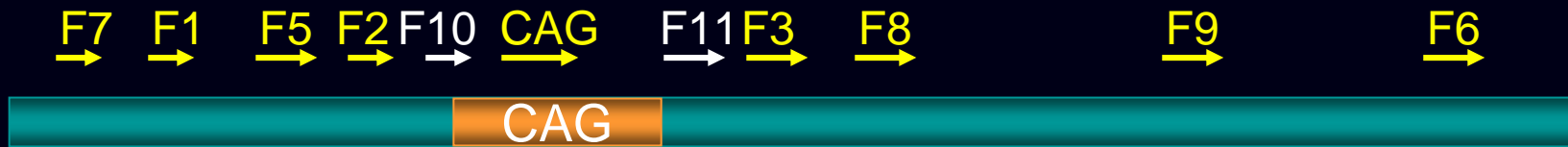
# Applying RNAi to Spinocerebellar ataxia type 1 (SCA1)



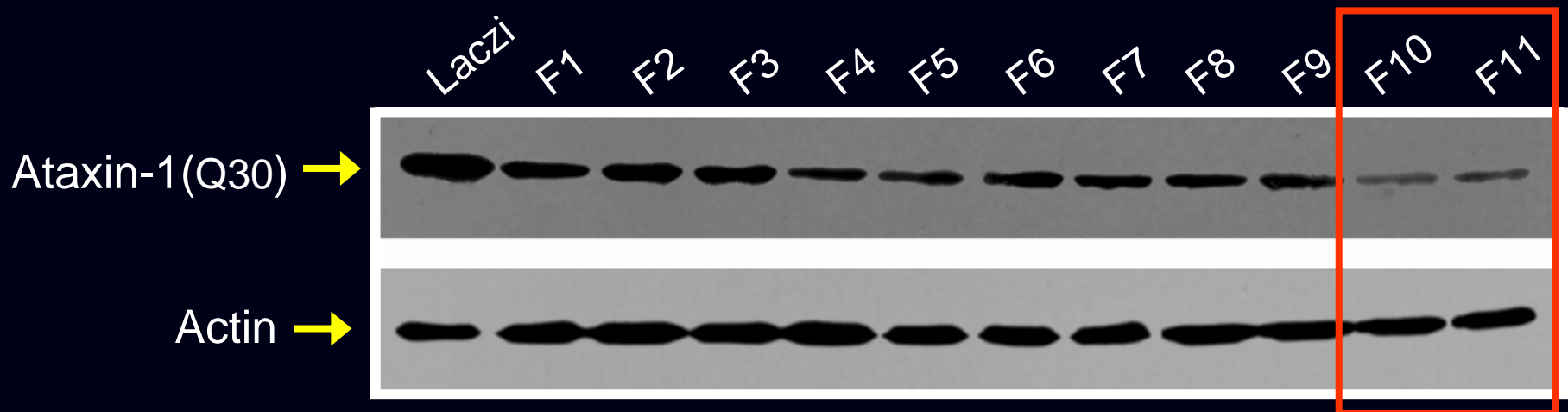
SCA1 transgenic mouse created by Drs. Orr, Zoghbi and colleagues (Burrigh et al. Cell 1995)



# Developing RNAi against SCA1 protein, ataxin-1



Human SCA1 “open reading frame” encoding ataxin-1



Xia et al, Nature Medicine, 2004

# Testing shRNA that targets mutant ataxin-1 in SCA1 mice

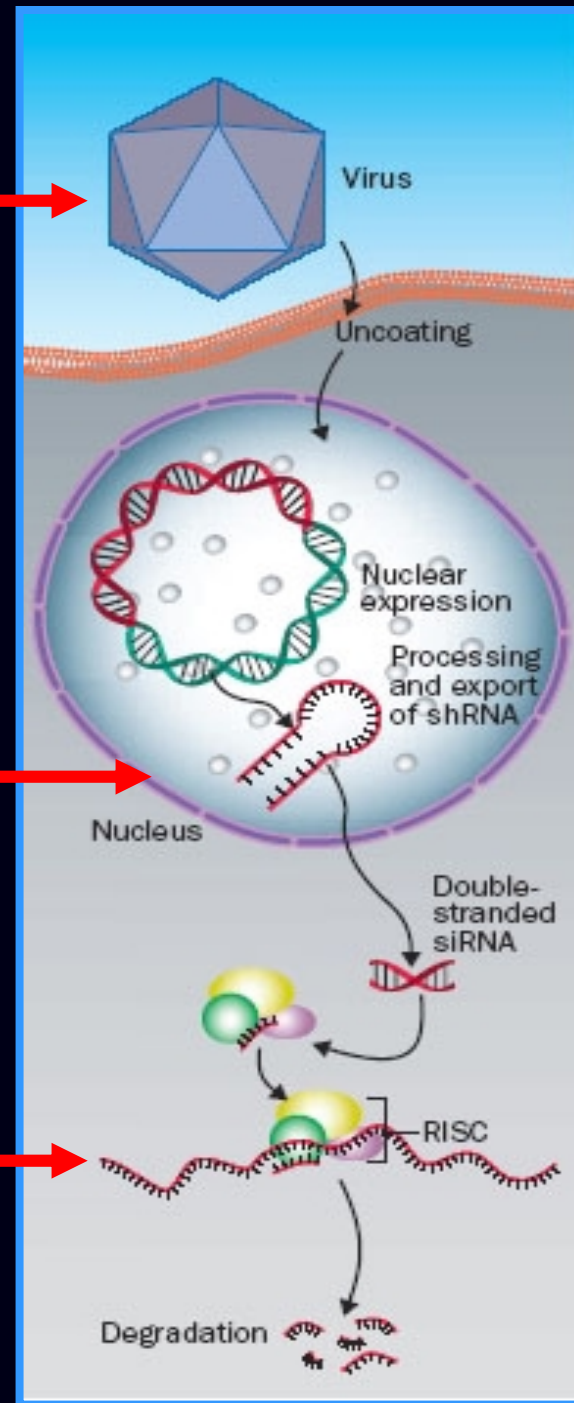
- Expression in Purkinje cells
- Recapitulates features of disease:
  - Dendritic atrophy, Purkinje cell loss, ataxia



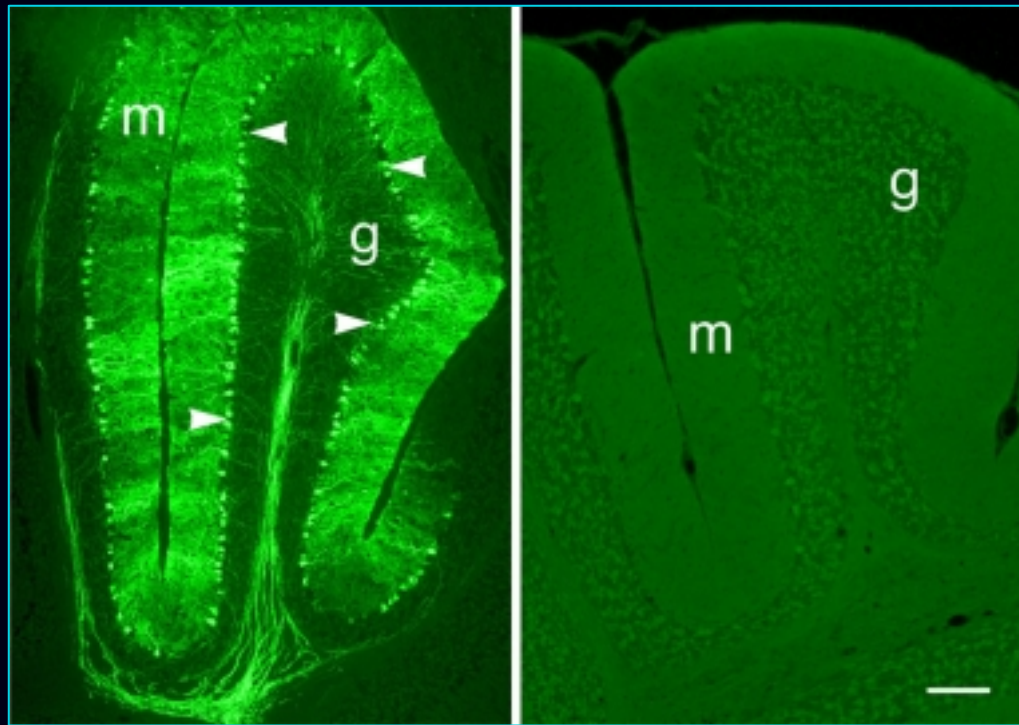
recombinant short  
hairpin RNA-  
expressing virus

shRNA targeting  
ataxin-1 mRNA

ataxin-1  
mRNA



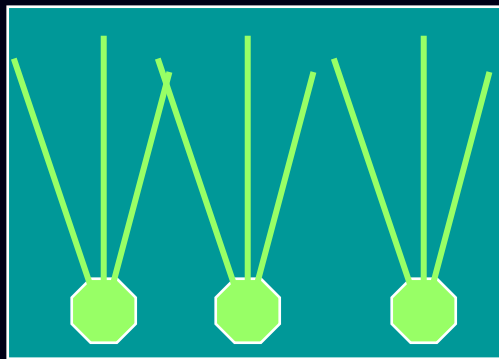
# Can we deliver virus to the target cells?



Yes!! Delivery to Purkinje cells of recombinant adeno-associated virus (AAV) expressing green reporter protein

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# Cerebellar atrophy occurs during course of disease



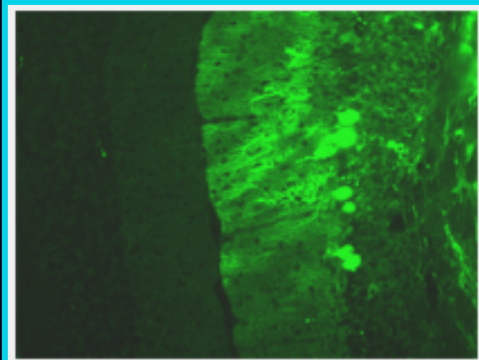
healthy cerebellum



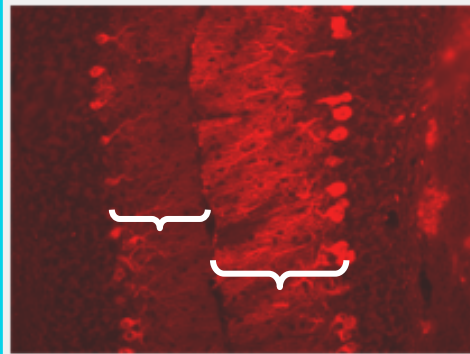
diseased cerebellum

SCA1/F10

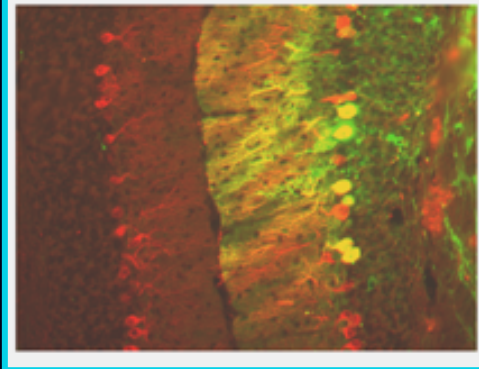
GFP



Calbindin



Merge



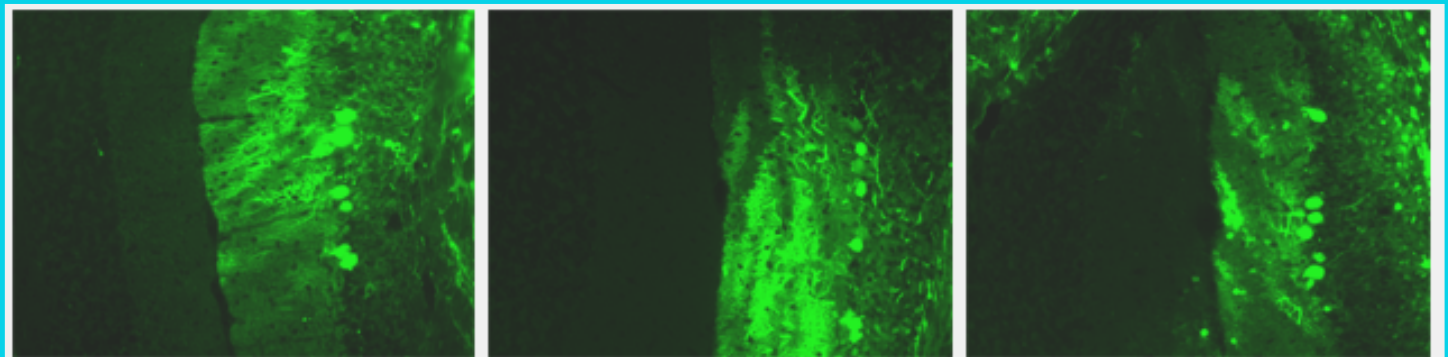
Xia et al., Nature Medicine (2004)

SCA1/F10

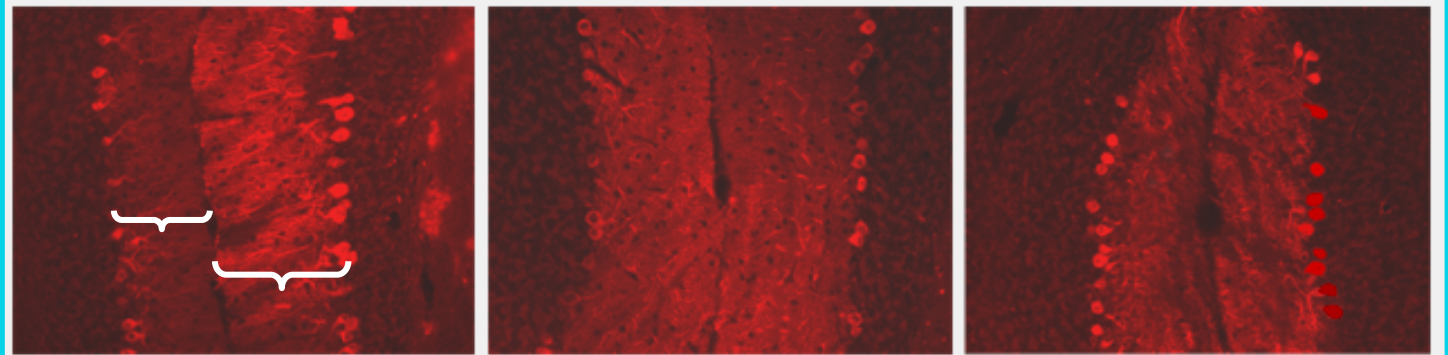
WT/F10

SCA1/LacZi

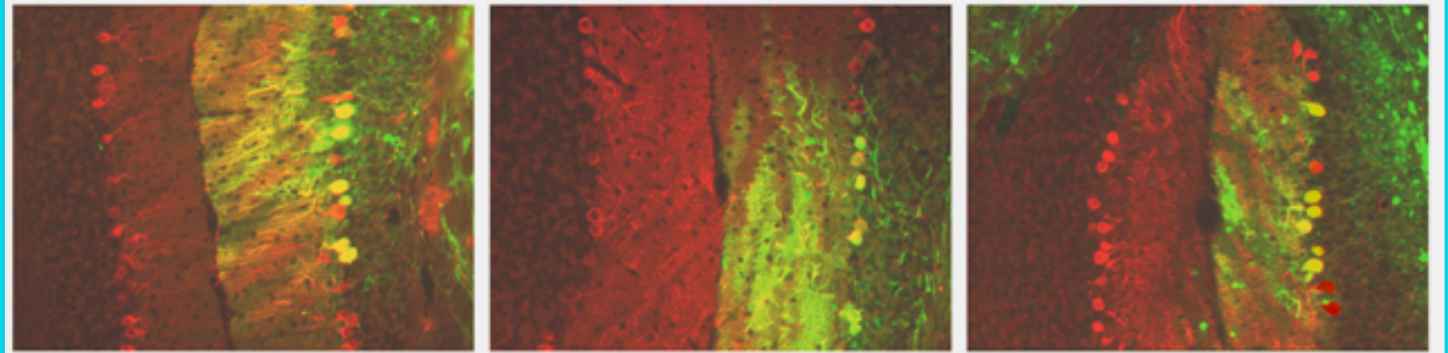
GFP



Calbindin

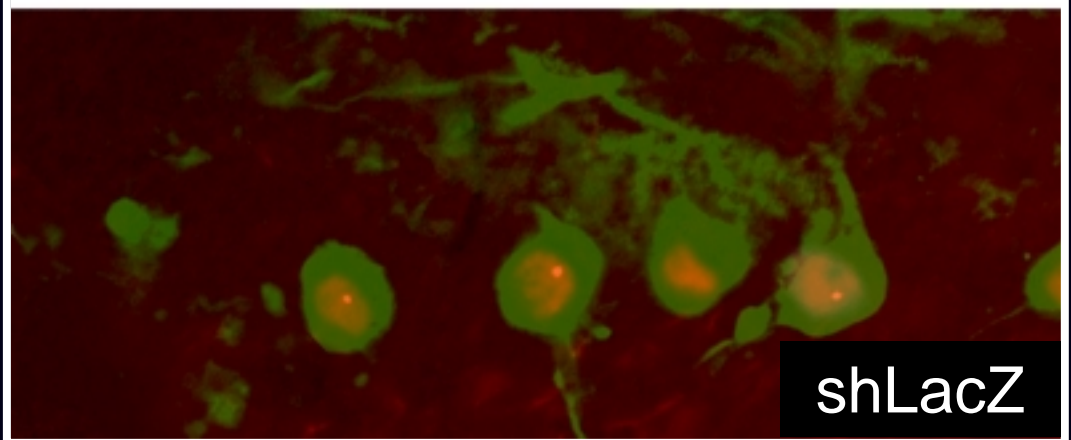
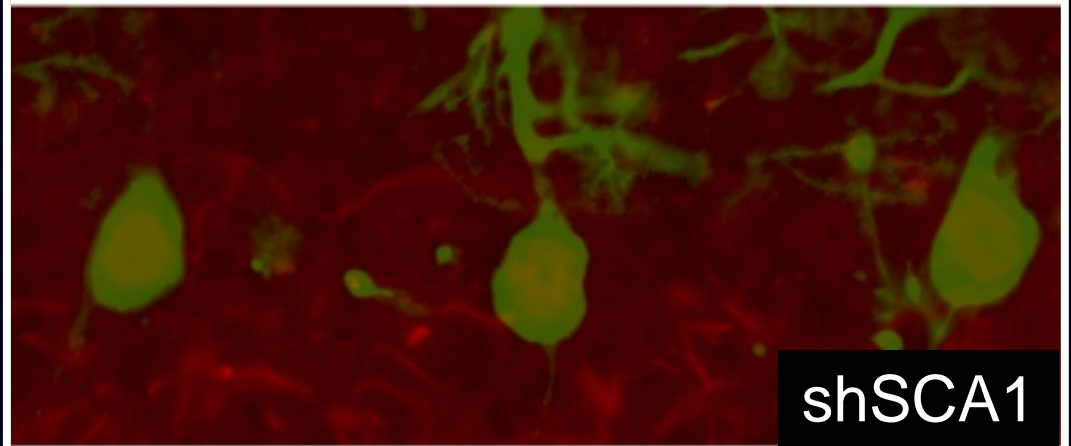
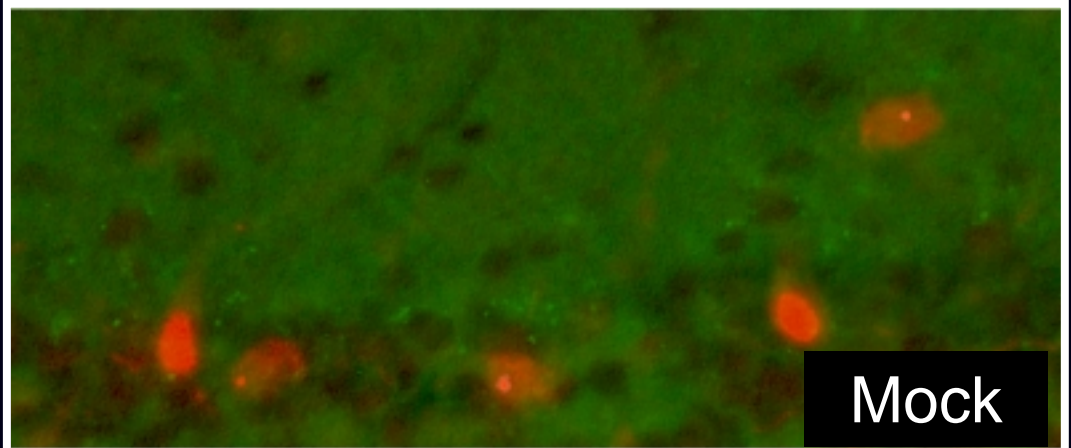


Merge



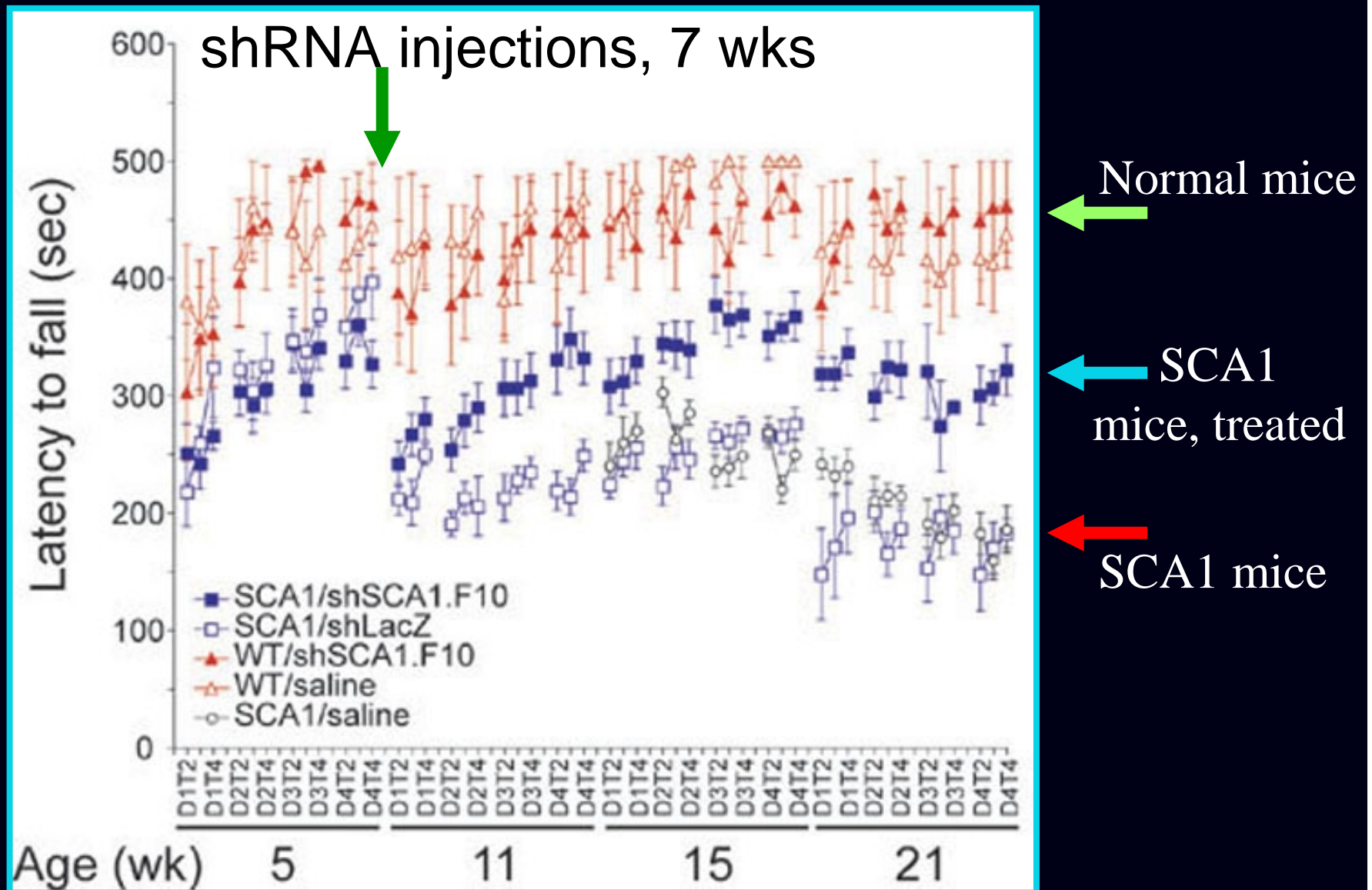
Xia et al., Nature Medicine (2004)

RNAi virus  
reduces disease  
protein  
expression and  
inclusions





# Treated mice are not as clumsy!



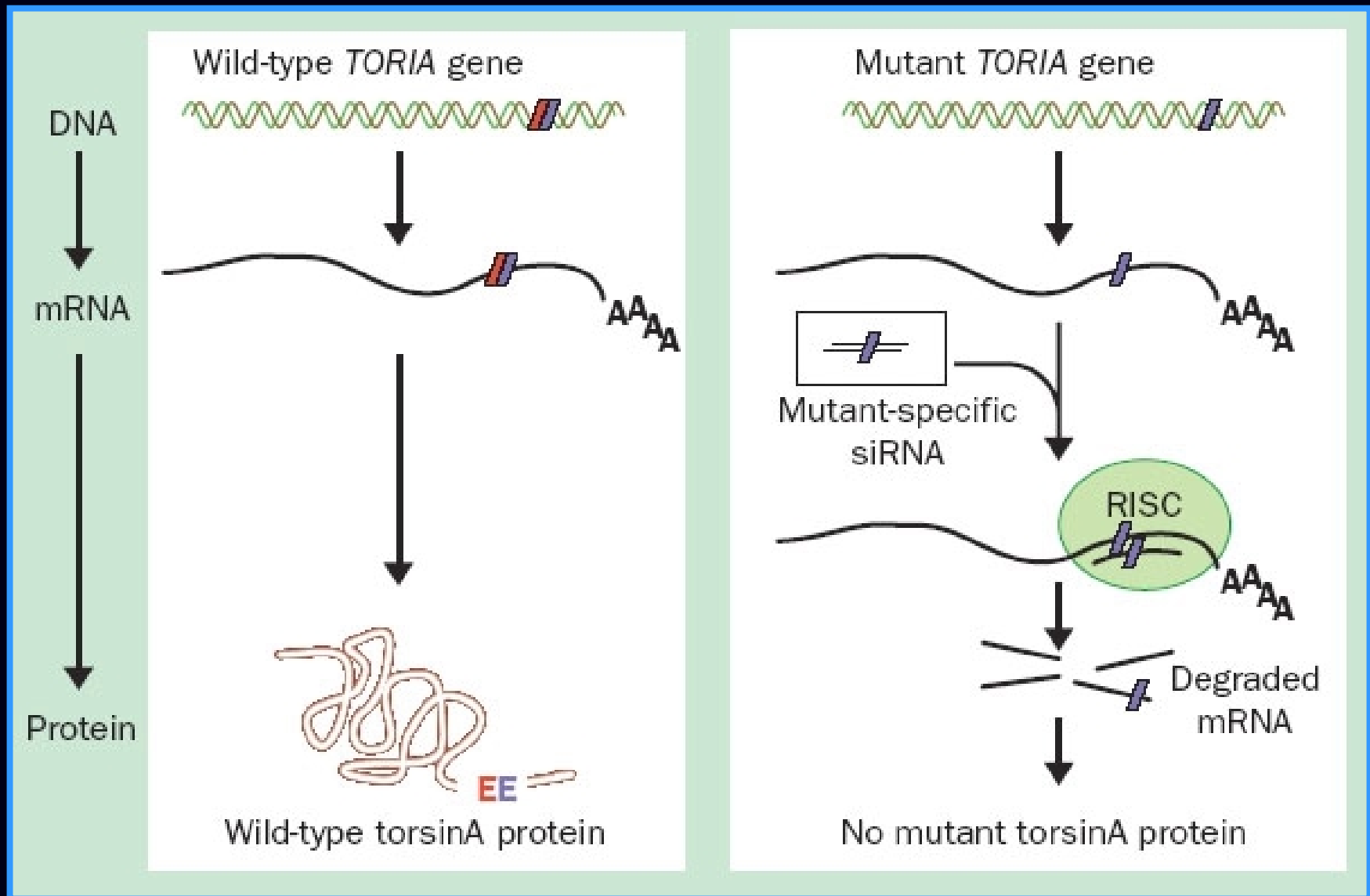
## Summary in SCA1 mice

- Long-term suppression of ataxin-1 expression
- Successfully reduces protein inclusions, dendritic atrophy and ataxia
- RNAi delivery to wild type mice seems to be well tolerated

# But what if we must target the disease allele selectively?

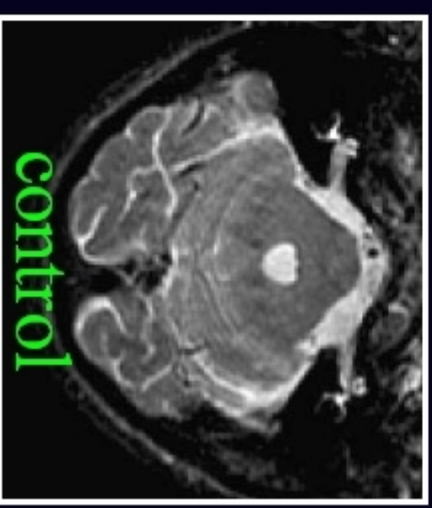
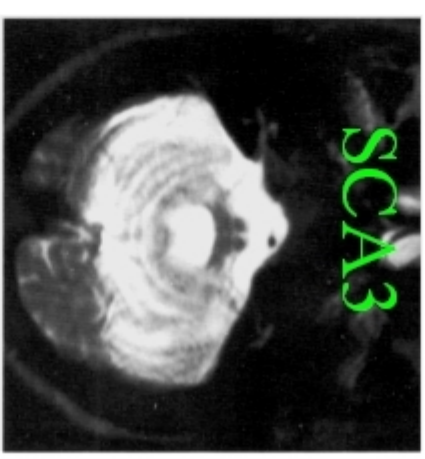
- What if the protein coded by disease gene is important to brain function...
- ... then knocking down both the normal and disease copy could be bad
- So ... can RNAi distinguish the normal and disease copies of the gene?
- Let's test this with disease-linked polymorphism in SCA3/MJD

# Example of allele-specific silencing



# Spinocerebellar ataxia type 3/ Machado-Joseph disease

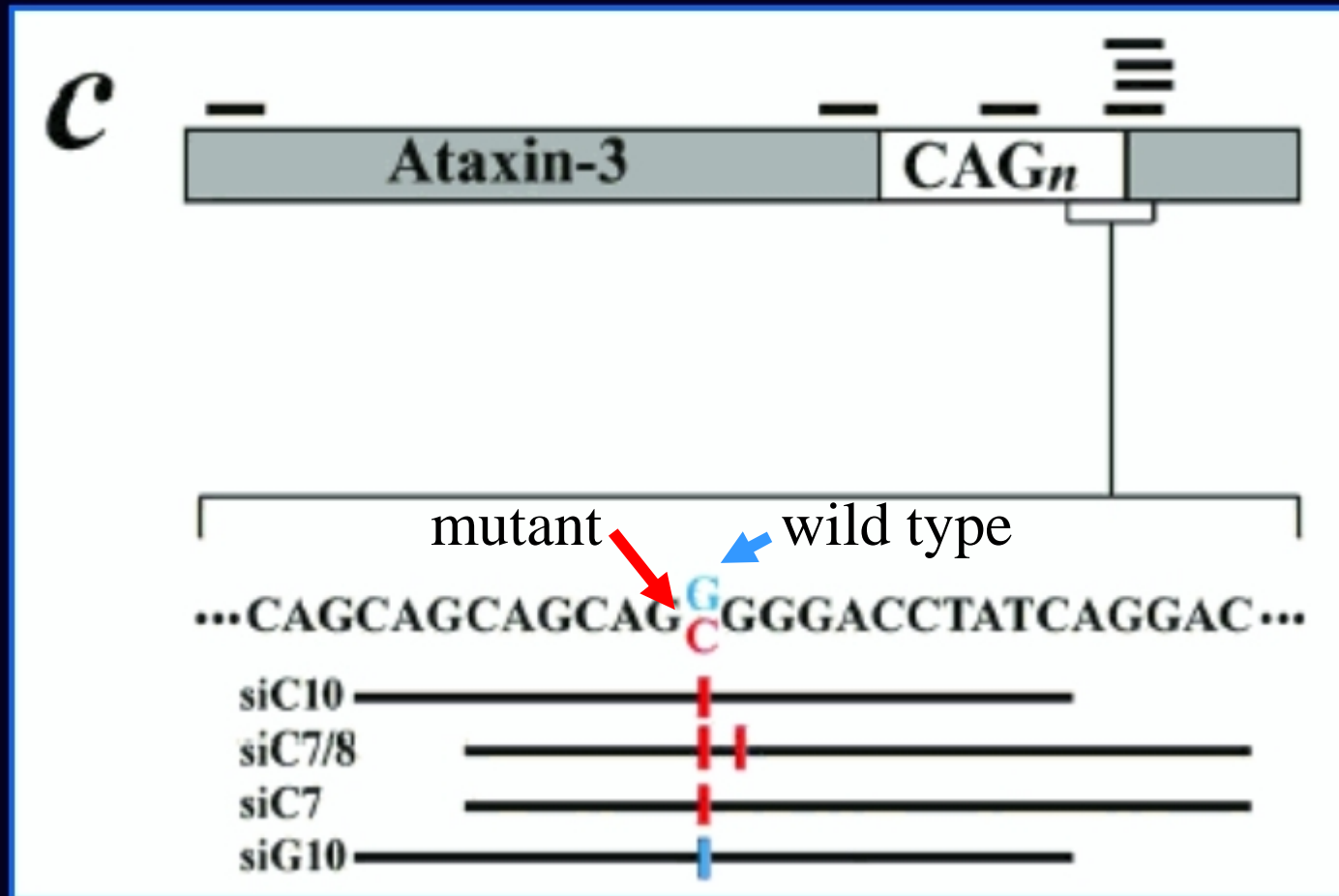
- Most common dominant ataxia
- “Cerebellar-Plus” syndrome
- Highly variable:
  - early onset dystonia
  - adult onset ataxia
  - late onset neuropathy
  - parkinsonism



## CAG repeat length

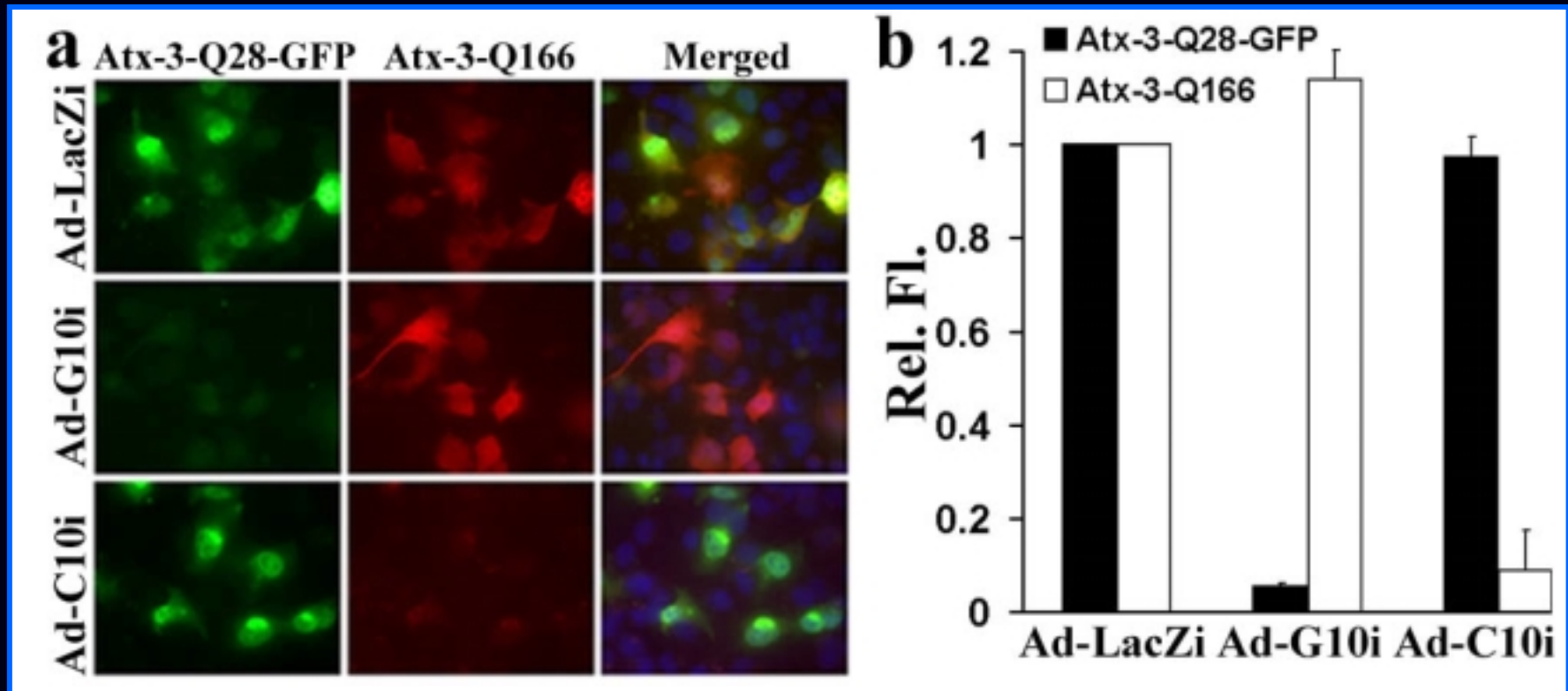


# Using a linked SNP to suppress expression of SCA3/MJD protein



~70% expanded alleles contain “C”  
but most normal alleles contain “G”

# Viral-mediated, allele-specific shRNA suppression of ataxin-3



Fluorescence images (L) and quantification (R) of siRNA-viral suppression of normal or mutant ataxin-3

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•  
•

## RNAi in neurons from transgenic SCA3/MJD mice

- Using Veronica Colomer's mouse model (published this month)
- Mouse widely expresses mutant ataxin-3
- RNAi virus reduces expression of mutant ataxin-3 while sparing normal mouse ataxin-3
- Beginning in vivo experiments, as described in SCA1 mice



# Summary

- RNAi has revolutionized biological research
- siRNAs can silence disease genes differing by as little as a single nucleotide
- First studies suggest viral mediated RNAi is tolerated by the brain
- Further studies in animal models are needed to prove that RNAi has actual therapeutic value

# Challenges and Concerns

1. Delivery (how?)
2. Delivery (where?)
3. Delivery (what reagent?)

See Soutschek et al., Nature 432: 173-178 (2004);  
a brand new paper showing that lipid-modified  
RNAs can work in mice

# Challenges and Concerns

- Can we achieve efficient, sustained expression in brain?
- Will “co-opting” the RNAi biological machinery have untoward effects?
- What about “off-target” effects?

•  
•  
• RNAi sounds good, but keep a  
broad view to other routes to  
benefit!

- Symptomatic therapy
- Existing drugs and compounds that might have protective effect
- What is happening in related disorders? (e.g. Huntington disease)

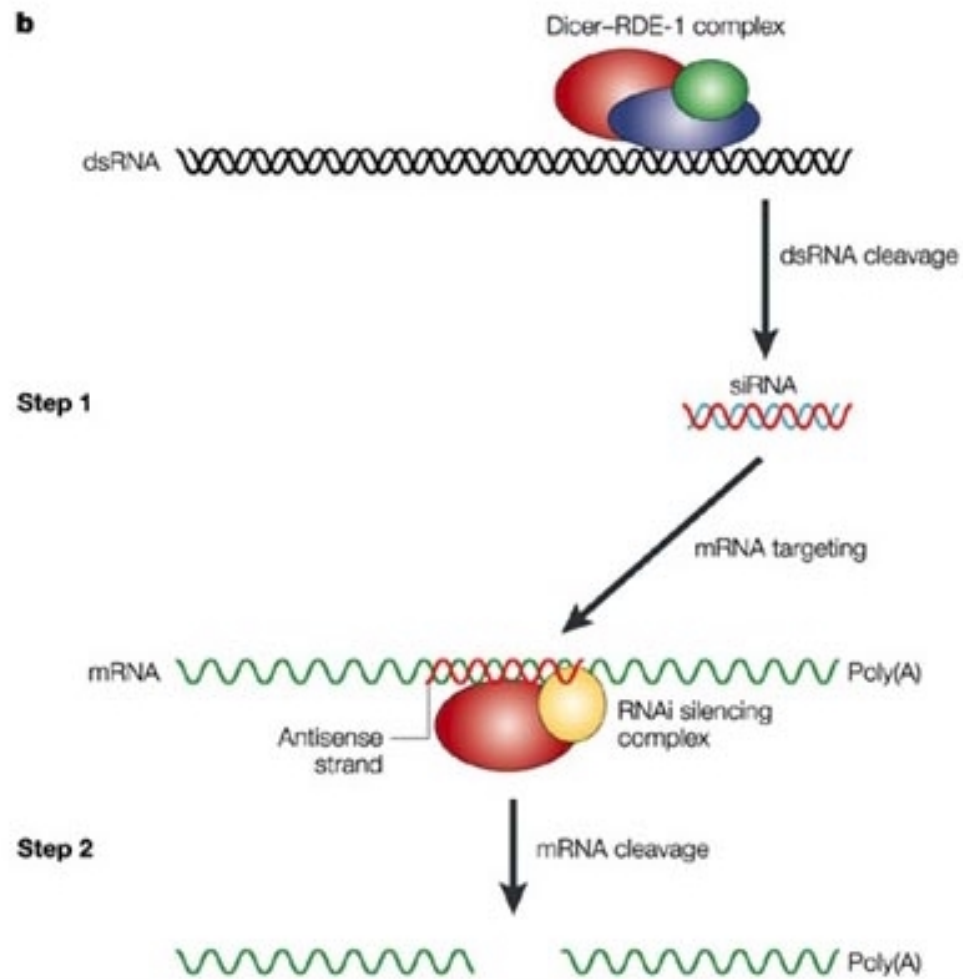
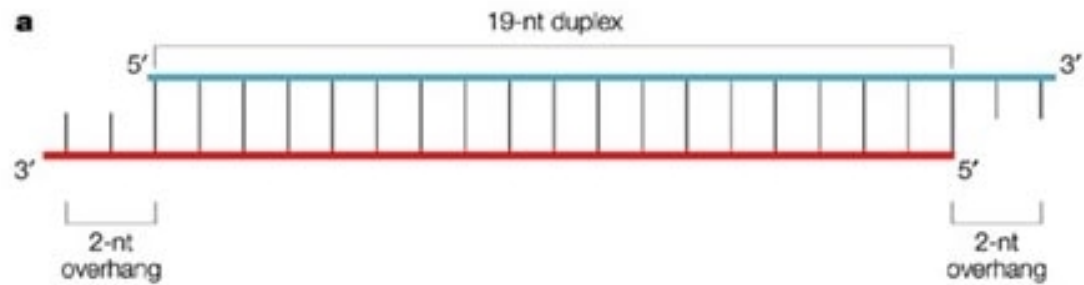


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Nat Rev Genet  
3:737 (2002)